**Date:**

**Retreat participation form**

**Name:**

**Please add photo here**

**Street:**

**City:**

**Country:**

**Phone:**

**Mobile:**

**E-mail:**

**Skype name:**

**Date of Birth:**

**Contact person in case of emergency (including telephone number, e-mail address):**

**1- Do you have any experience with meditation?**

**If yes, please tell us more.**

**2- How did you find out about the retreat with Swaha?**

**If it was through a person, who was it?**

**3- Have you been to Satsang before? If yes, where and with whom?**

**4- Have you watched any videos or listened to Satsangs with Swaha? If yes, how did you experience them / how did you feel about it?**

**5- Have you taken part in any groups or therapies for personal growth? If yes, which one(s)?**

**6- Do you have any allergies or any contagious diseases? If yes, which one(s)?**

**7- It is important that you know that in the retreats we have groups and meditations which have the purpose of triggering, bringing to the surface and releasing deep emotional layers. Because of this, it is important that we have this background information about you – and that you answer in detail and honestly:**

**-Do you have any health issues?**

**-Are you now or have you been in the past under psychiatric treatment?**

**-Do you have any psychiatric diagnosis? Have you ever been hospitalized for psychiatric reasons?**

**8- Do you take or have you taken prescription drugs? If yes, which ones and how often?**

**9- Do you take or have you taken drugs in the last 3 years? If yes, which ones and how often?**

**10- What are you doing or working with at present?**

**11- What is most important for you in your life?**

**Mention one or more things.**

**12- Tell us about something that has happened in your life that made a big impact on you. Maybe something that made a difference in your life choices or that made you reflect on life in a new way.**

**13- Are you willing to look at yourself in this retreat?**

**Express in some words what this means to you.**

**14- What do you seek from joining Vasant Swaha’s retreat?**

|  |
| --- |
| **Information about GDPR (General Data Protection Regulation).**   * Information provided in this form has the sole purpose of giving the retreat caretaking team an overview of the background of the person interested in joining a retreat. * The information will only be accessed by the retreat bookings and caretakers teams and will not be shared with third parties. * The information will be kept in a safe digital storage space which is only accessed by a limited number of people. * The information will be kept indefinitely. However, it will be deleted if you request so in writing.   **So we know that you acknowledge and agree with the text above, we kindly ask you to put an “X” in the grey box here \_\_** |

Thank you!

Your Friends at Dharma Mountain